

List of Plants

STACHYOSE

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*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Plant Part	Low PPM	High PPM	StdDev	*Reference
<i>Aesculus hippocastanum</i>	Seed	--	--		Gruenwald, J. et al. 1998. PDR for Herbal Medicine. 1st ed. Medical Economics Co., Montvale, NJ. 1244 pp. (abbreviated as PHR or Physicians Herbal Reference in my mind)
<i>Alisma plantago-aquatica</i>	Plant	--	--		*
<i>Allium sativum</i> var. <i>sativum</i>	Bulb	--	--		*
<i>Allium ampeloprasum</i>	Plant	--	--		*
<i>Anastatica hierochuntica</i>	Fruit	--	--		*
<i>Ballota nigra</i>	Root	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Catalpa bignonioides</i>	Bark	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Catalpa bignonioides</i>	Root Bark	30000.0	90000.0		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Coffea arabica</i>	Seed	--	--		*
<i>Corylus avellana</i>	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Cucurbita foetidissima</i>	Seed	--	9000.0	-0.93	Laferriere, J.E., 1988, Nutricomp Program, Nutricomp Database; reviewed in J. Ethnobiology 9(1):27-29.
<i>Dianthus caryophyllus</i>	Seed	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Glycine max</i>	Seed	22300.0	51050.0	2.04	*
<i>Harpagophytum procumbens</i>	Root	6000.0	460000.0	0.32	*
<i>Harpagophytum procumbens</i>	Tuber	--	--		*
<i>Helianthus annuus</i>	Seed	--	--		*
<i>Humulus lupulus</i>	Fruit	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Isatis tinctoria</i>	Plant	--	--		*
<i>Jasminum officinale</i>	Stem	--	--		*
<i>Jatropha curcas</i>	Seed	--	--		*
<i>Lens culinaris</i>	Seed	--	--		*
<i>Leonurus cardiaca</i>	Root	--	--		CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
<i>Medicago sativa</i>	Seed	--	--		*
<i>Melissa officinalis</i>	Plant	--	--		*
<i>Mentha arvensis</i> var. <i>piperascens</i>	Plant	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
<i>Nelumbo nucifera</i>	Rhizome	--	--		*
<i>Nicotiana tabacum</i>	Leaf	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Origanum vulgare</i>	Seed	--	--		*
<i>Origanum vulgare</i>	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.

<i>Phaseolus acutifolius</i>	Seed	11000.0	43000.0	1.52	Lafriere, J.L., 1968, NutriComp Program, NutriComp Database, reviewed in J. Ethnobiology 5(1), 27-29.
<i>Phoenix dactylifera</i>	Seed	--	2200.0	-1.41	Abstract (See species file)
<i>Pinus sylvestris</i>	Plant	--	--		*
<i>Pisum sativum</i>	Seed	--	20000.0	-0.15	*
<i>Polygala senega</i>	Root	--	--		*
<i>Prunus dulcis</i>	Seed	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
<i>Rehmannia glutinosa</i>	Root	321000.0	649000.0	1.03	*
<i>Robinia pseudoacacia</i>	Seed	--	--		*
<i>Scrophularia buergeriana</i>	Root	--	--		*
<i>Senna obtusifolia</i>	Seed	--	--		*
<i>Solanum tuberosum</i>	Plant	--	--		*
<i>Stachys</i> sp	Root	--	--		Jeffery B. Harborne and H. Baxter, eds. 1983. Phytochemical Dictionary. A Handbook of Bioactive Compounds from Plants. Taylor & Frost, London. 791 pp.
<i>Teucrium chamaedrys</i>	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Teucrium scorodonia</i>	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
<i>Theobroma cacao</i>	Seed	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Trigonella foenum-graecum</i>	Fruit	400.0	6100.0		Singh, J., Gupta, K., and Arora, S.K. 1993. Changes in the anti-nutritional factors of developing seeds and pod walls of fenugreek (<i>Trigonella foenum graecum</i> L.). Plant Foods for Human Nutrition. 46: 77-84, 1994.
<i>Trigonella foenum-graecum</i>	Seed	900.0	12300.0	-0.69	*
<i>Triticum aestivum</i>	Seed	--	--		*
<i>Urtica dioica</i>	Root	--	--		Blaschek, W., Hansel, R., Keller, K., Reichling, J., Rimpler, H., and Schneider, G. eds. 1998. Hager's Handbuch der Pharmazeutischen Praxis, Auflage Band 2 (A-K), 909 pp., (L-Z), 858 pp. Springer-Verlag, Berlin.
<i>Verbena officinalis</i>	Root	--	20000.0	-1.35	*
<i>Verbena officinalis</i>	Stem	--	13000.0		*
<i>Vigna unguiculata</i>	Seed	--	20000.0	-0.15	*
<i>Vigna radiata</i>	Seed	--	25000.0	0.2	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Vigna mungo</i>	Seed	--	18000.0	-0.29	*
<i>Vigna unguiculata</i>	Seed	--	20000.0	-0.15	ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
<i>Vitis vinifera</i>	Fruit	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.